



# OCTOBER 2024

## Cimarron/Eagle Nest Schools



### Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>National Taco Day 10.4.2024</b></p> 	<p><b>1</b></p> <p><b>*Cobb Salad</b> <b>*Chicken &amp; Rice</b> Mixed Veggies Garlic Bread Chilled Fruit Choice of Milk</p>	<p><b>2</b></p> <p><b>*Southwest Salad</b> <b>*Fish Sticks</b> Potato Smiles Mixed Veggies Chilled Fruit Choice of Milk</p>	<p><b>3</b></p> <p><b>*Chef Salad</b> <b>*Stromboli</b> California Veggies Garden Salad Chilled Fruit Choice of Milk</p>	<p><b>4</b></p> <p><b>*Caesar Salad</b> <b>*Walking Taco</b> Spanish Rice Garden Salad Chilled Fruit Choice of Milk</p>
<p><b>7</b></p> <p><b>National Bullying Prevention Month</b></p> <p><b>National Farm to Table Month</b></p>	<p><b>8</b></p> <p><b>*Chef Salad</b> <b>Mac &amp; Cheese</b> Green Beans Homemade Roll Chilled Fruit Choice of Milk</p>	<p><b>9</b></p> <p><b>*Southwest Salad</b> <b>*BBQ Rib Sandwich</b> Sweet Potato Tots Coleslaw Chilled Fruit Choice of Milk</p>	<p><b>10</b></p> <p><b>*Cobb Salad</b> <b>*Frito Pie</b> Pinto Beans Lettuce/Tomato Chilled Fruit Choice of Milk</p>	<p><b>11</b></p> <p><b>*Caesar Salad</b> <b>*Pepperoni Pizza</b> Steamed Veggies Garden Salad Chilled Fruit Choice of Milk</p>
<p><b>14</b></p> <p><b>National School Lunch Week</b></p> <p><b>National Pasta Day 10.17.2024</b></p> <p><b>Global Bites</b> <b>Jamaican Jerk Chicken</b></p>	<p><b>15</b></p> <p><b>*Cobb Salad</b> <b>*Nachos</b> Beans Garden Salad Chilled Fruit Choice of Milk</p>	<p><b>16</b></p> <p><b>*Southwest Salad</b> <b>*Jerk Chicken</b> Tabbouleh Balsamic Roasted Veggie Grilled Plantains Choice of Milk</p>	<p><b>17</b></p> <p><b>*Chef Salad</b> <b>*Cheesy Alfredo</b> Garlic Bread Mixed Veggies Chilled Fruit Choice of Milk</p>	<p><b>18</b></p> <p><b>*Caesar Salad</b> <b>*Taco Soup</b> Corn Bread Garden Salad Chilled Fruit Choice of Milk</p>
<p><b>21</b></p> <p><b>National Pumpkin Day 10.25.2024</b></p>	<p><b>22</b></p> <p><b>*Cobb Salad</b> <b>*Orange Chicken</b> Egg Roll &amp; Rice Stir Fry Veggies Chilled Fruit Choice of Milk</p>	<p><b>23</b></p> <p><b>*Southwest Salad</b> <b>*Grilled Cheese &amp; Tomato Soup</b> Garden Salad Chilled Fruit Choice of Milk</p>	<p><b>24</b></p> <p><b>*Chef Salad</b> <b>*Sloppy Joe</b> Macaroni Salad Chips Chilled Fruit Choice of Milk</p>	<p><b>25</b></p> <p><b>*Caesar Salad</b> <b>*Baked Ravioli</b> Garlic Bread Pumpkin Chocolate Muffins Chilled Fruit Choice of Milk</p>
<p><b>28</b></p> <p><b>National Chocolate Day 10.28.2024</b></p> <p><b>Be Well-Immunity So Good-Apples</b></p>	<p><b>29</b></p> <p><b>*Cobb Salad</b> <b>*Chicken Strips</b> Potato Salad Mixed Veggies Chilled Fruit Choice of Milk</p>	<p><b>30</b></p> <p><b>*Southwest Salad</b> <b>*Salisbury Steak</b> Mashed Potato &amp; Gravy Roasted Glazed Carrot Chilled Fruit Choice of Milk</p>	<p><b>31</b></p> <p><b>*Chef Salad</b> <b>*Mummy Dogs</b> Witchy Fingers (Sweet Potato Fries) Bug Slaw (Coleslaw) Chilled Fruit Choice of Milk</p>	

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## Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Yogurt Parfait Fresh Fruit Low Fat Milk	2 Ham Quesadilla Fresh Fruit Low Fat Milk	3 Bagel Fresh Fruit Low Fat Milk	4 Egg Sandwich Fresh Fruit Low Fat Milk
7 	8 Assorted Cereal Fresh Fruit Low Fat Milk	9 Bacon Biscuit Fresh Fruit Low Fat Milk	10 Assorted Muffins Fresh Fruit Low Fat Milk	11 Breakfast Burrito Fresh Fruit Low Fat Milk
14 National School Lunch Week Global Bites-Jamaican Jerk Chicken	15 Cinnamon Roll Fresh Fruit Low Fat Milk	16 Sausage Croissant Fresh Fruit Low Fat Milk	17 UBR Fresh Fruit Low Fat Milk	18 Breakfast Pizza Fresh Fruit Low Fat Milk
21 National Farm to Table Month	22 Donut Fresh Fruit Low Fat Milk	23 Ham/Cheese Bar Fresh Fruit Low Fat Milk	24 Waffles Fresh Fruit Low Fat Milk	25 Sausage Pancake Fresh Fruit Low Fat Milk
28 Be Well-Immunity So Good-Apples	29 Scones Fresh Fruit Low Fat Milk	30 Biscuits & Gravy Fresh Fruit Low Fat Milk	31 Apple Churros Fresh Fruit Low Fat Milk	